



# GUIDELINES

BOULDER COUNTY ENVIRONMENTAL EDUCATION GUIDELINES  
DEVELOPED BY THE BOULDER COUNTY E MOVEMENT

MIDDLE  
SCHOOL  
(GRADES 6-8)

## Middle School (Grades 6-8) Learning Objectives

*We want our students to be inspired to be gaining a sense of self in their natural and human communities, including their impact on others in those systems. We want to facilitate opportunities for them to discuss ideas, take in multiple perspectives, back up personal opinions with evidence, and distinguish between opinion and fact.*



## Middle School (Grades 6-8) Environmental Education Guidelines

**Progression of place:** The scale expands from the schoolyard into a local natural area (greenbelt, stream, or field) and into larger contexts (regional, state, national) with multiple encounters with an expanded place over time.

### NATURAL CONCEPT

*Matter cycles within ecosystems and energy flows through it. These processes happen at both a local and a global scale, and humans can impact these processes.*

### SOCIAL CONCEPT

*Human and physical systems vary and interact, and human systems at different scales (community, region, nation, etc.) are interconnected.*

## The Guidelines

### Head

#### ACADEMIC SKILLS AND KNOWLEDGE

- Structure, function and relationships exist among human systems, the environment, and sustainability.
- Humans and their environments are interdependent.
- Consumption and consumer choices affect the economy.
- Human activities can deliberately or inadvertently alter ecosystems and their resiliency.
- Systems may interact with other systems; they may have sub-systems and be a part of larger complex systems. (MS-LS1-3)
- In evaluating solutions, one should take into account a range of constraints including cost, safety, reliability and aesthetics and to consider social, cultural and environmental impacts. (Secondary to HS-LS2-7)



### Heart

#### SOCIAL-EMOTIONAL LEARNING, AFFECTIVE NEEDS, SENSITIVITY, ATTITUDES AND SELF-EFFICACY

- Allow for appreciative inquiry—students have the time and space to notice what is interesting and curious to them in natural areas, local and urban areas, and in wilderness.
- Ask and record questions about what draws the students' attention, and create space for students to find their own answers.



- Make time for and model awareness and observation during time outdoors including recording observations, quiet, and reflection (goal: make this part of your routine with consistency and increased frequency).
- Build community and shared purpose within the classroom, school, and community.
- Question prevailing assumptions.
- Work effectively as a group and respect differences in opinion while working toward common solutions.
- Model and identify empathy and humility.
- Foster openness to new opportunities, ideas, and ways of thinking.
- Foster value for multiple perspectives including those that are different or opposed, and create opportunities for debate and disagreement in a productive forum.
- Create self-awareness about identity and culture with sensitivity and respect for differences.
- Create opportunities for older students to mentor younger students.



## Hands

### ACTION AND SERVICE

- Provide unstructured time outdoors, ideally in a natural setting.
- Provide opportunities for students to mentor and participate with younger students in unstructured time outdoors.
- With student input, take action to promote positive change in a local ecosystem.
- Support students in defining more complex problems, based on evidence, in the school.
- Take action to make a positive impact or solve a problem in the school.
- Support students to translate ideas, concerns, and findings into appropriate and responsible individual or collaborative actions to make a positive change.
- Assist students to establish need for service-learning projects, and allow them to envision, design, and implement those projects.
- Facilitate students adopting shared responsibility and taking cooperative action.
- Allow for place-making opportunities for students to design and have a voice in the school community.
- Facilitate opportunities for individual students to apprentice or volunteer for local professionals in fields related to sustainability (for example, trail maintenance crew, assistant in educational program, photography, bird count).



## Feet

### CONNECTION TO PLACE

- Build appreciation for the connections of natural and built aspects of the community, region and nation.
- Foster understanding that our natural and cultural communities extend to the regional, national and global scale.
- Organize field trips that get outside the classroom to see something from a new perspective.
- Provide multiple encounters with an expanded place over time.
- Experience a variety of natural environments.
- Facilitate opportunities for students to choose outdoor recreation experiences including backpacking, hiking, rafting, kayaking, paddleboarding and/or opportunities for students to choose outdoor experiences in ecology, botany, entomology, ornithology, etc.
- Explore nature in connected green spaces, open spaces, and parks in both wilderness areas and in urban areas.

## Recommended Activities

Activities listed are intended to provide inspiration for how to connect to a local natural area, or plan a field trip with a partner organization.

- Design, plan, and implement a school garden for younger students. SC09-GR.6-S.2-GLE.1
- Restore native habitat in a local park, green-belt, stream channel, or area flagged by a local land management agency. SC09-GR.6-S.2-GLE.2, SC09-GR.8-S.2-GLE.1
- Provide frequent, self-guided time outside—make this a regular part of your schedule.
- Take walks through the schoolyard or neighboring areas (naturalized or not) to record changes over time and questions about observations.
- Investigate energy use and the global carbon cycle, and take action to implement sustainable energy use practices. RWC09-GR.6-S.4-GLE.1, SC09-GR.6-S.2-GLE.1
- Take a real or virtual field trip to a regional natural area within a different life zone to compare and contrast with the life zone local to the school. SC09-GR.6-S.2-GLE.1
- Take field trips to a power plant, wind farm and/or dam—compare the design, production, and social, economic, and environmental impacts of each. SC09-GR.6-S.3-GLE.3, SS09-GR6-S.2-GLE.2, SC09-GR.8-S.2-GLE.1
- Analyze national and global weather data over time. MA10-GR.6-S.3-GLE.1, SC09-GR.8-S.3-GLE.1, SC09-GR.8-S.2-GLE.2
- Investigate, explore and record the different types of plants and animals in a variety of local outdoor areas within the county or, specifically, the Colorado Front Range. Discuss how these plants and animals are uniquely adapted to their habitats through the process of evolution. SC09-GR.6-S.2-GLE.1, SC09-GR.7-S.2-GLE.1
- Explore the diversity of microscopic life in samples of water collected from different natural water sources within the county, including the cellular structure and the relationship between these microscopic organisms and the overall health of the ecosystem. SC09-GR.6-S.2-GLE.1
- Research and report on agricultural practices. Develop models of the main practices producing food and compare the impacts on land and other resource use (for example, investigate the positive and negative impacts of growing crops using artificial light to reduce transportation costs and make certain crops available year-round). RWC09-GR.6-S.4-GLE.1, RWC09-GR.6-S.4-GLE.2, SC09-GR.6-S.2-GLE.1, SS09-GR6-S.2-GLE.2, SC09-GR.8-S.2-GLE.1
- Research the government agencies and other organizations that influence how land is used in the county. If possible, investigate a proposed change in local land use, the process for making decisions about the changes, and any local organizations advocating for specific positions. RWC09-GR.6-S.4-GLE.1, RWC09-GR.6-S.4-GLE.2, RWC09-GR.8-S.4-GLE.3, SC09-GR.6-S.2-GLE.1, SS09-GR6-S.2-GLE.2, RWC09-GR.7-S.4-GLE.1, RWC09-GR.8-S.4-GLE.2, SS09-GR8-S.2-GLE.2, SC09-GR.8-S.2-GLE.1
- Engage in Citizen Science. MA10-GR.5-S.3-GLE.1
- Collect data or research an issue in order to communicate different perspectives; hold a mock community forum or debate assigning roles to each student. RWC09-GR.6-S.4-GLE.1, RWC09-GR.6-S.4-GLE.2, RWC09-GR.7-S.4-GLE.3, RWC09-GR.7-S.4-GLE.2, SS09-GR7-S.2-GLE.2, SS09-GR8-S.2-GLE.2, SC09-GR.8-S.2-GLE.1, RWC09-GR.8-S.4-GLE.1
- Create opportunities to transfer skills learned in one context to new lessons or investigations. (for example, use tools like the hand lens—practice use indoors, then take outside to investigate)

# E Guidelines Adoption Form

## Middle School and High School

### INTENTIONS AT THE HIGH SCHOOL LEVEL:

Each teacher, department, or school adopting these guidelines should complete the following with their intended activities for the year. Your actual activities may shift or expand as the year progresses. These activities may be field-based or classroom-based as appropriate. The recommended activities and resources listed at the end of your grade level chapter may be used to complete this intended plan.

How do you maximize time outside during the school day?

---

---

---

Please list the natural outdoor space(s) or other places related to environmental education that you plan to visit in the upcoming year and how frequently you plan to visit these spaces:

---

---

---

As a result of adopting these guidelines, one thing we intend to change about our practice is:

---

---

---

Initial thoughts about opportunities to integrate heart, hands, feet and head (see recommended activities above). Using the table on the next page, please describe the course offerings, instructional units and activities you plan to implement that address the Environmental Education Guidelines for Boulder County. In your description for each activity, please note which of the four dimensions (heart, hands, feet, head) is addressed. You may also list extracurricular activities in this table. You do not need to list every unit and every activity, just some good examples. Heart, Hands, Feet and Head should all be checked at least once in your overall table. The first three rows are examples.



Course Title or Student Group	Instructional Unit	Activity	Head	Heart	Hands	Feet
Net Zero Environmental Club	N/A	Student group that meets regularly to collaboratively plan and implement sustainable practices on campus and within the community		X	X	
Physics	Energy	Research the sustainability of electric cars and engage in a debate in which they argue whether electric cars or internal combustion cars are more sustainable.	X			
Biology	Ecology	Students make multiple visits to a creek or pond near the school to collect data on the organisms that live there and water chemistry				X



# GUIDELINES

---

Course Title or Student Group	Instructional Unit	Activity	Head	Heart	Hands	Feet

## Continuum of the E Guidelines

### ECE/Kindergarten

We nurture our students' curiosity while fostering respect for the natural world and for each other. We help improve their basic understandings of nature and their relationships to it. We teach our students that they can influence their environments and their communities by the way they choose to care for themselves, for others and for natural places.

#### **NATURAL CONCEPTS**

The natural world is made up of living and non-living things that can be described and categorized.

#### **SOCIAL CONCEPTS**

Sequences of events and places or locations can be documented and described.

#### **PROGRESSION OF PLACE**

The appropriate scale is classroom community and home, school or schoolyard settings.

### 1st Grade

We nurture our students' curiosity while fostering respect for the natural world and for each other. We help improve their basic understandings of nature and their relationships to it. We teach our students that they can influence their environments and their communities by the way they choose to care for themselves, for others and for natural places. Describe and categorize; Cause and effect; Empathy

#### **NATURAL CONCEPTS**

The natural world is made up of living and non-living things that can be described and categorized.

#### **SOCIAL CONCEPTS**

Sequences of events and places or locations can be documented and described.

#### **PROGRESSION OF PLACE**

The appropriate scale is classroom community and home, school or schoolyard settings.

### 2nd Grade

We nurture our students' curiosity while fostering respect for the natural world and for each other. We help improve their basic understandings of nature and their relationships to it. We teach our students that they can influence their environments and their communities by the way they choose to care for themselves, for others and for natural places. All living things, plants, animals (including humans) meet needs from the environment and humans must make choices about how needs are met.



## **NATURAL CONCEPTS**

Living things, including humans, meet their needs from their environments.

## **SOCIAL CONCEPTS**

Communities depend upon and make choices about resources.

## **PROGRESSION OF PLACE**

The appropriate scale is the school community and its local environment, with a focus on immediate surroundings.

## **3rd Grade**

We want our students to be inspired to understand that there is interdependence among animals, humans, and their environments. We want to facilitate opportunities for them to identify how problems sometimes arise when environments change and to work with their peers to solve problems and answer questions.

### **NATURAL CONCEPTS**

Cycles and change are important processes in nature—examples include life cycles, the rock cycle, and the water cycle.

### **SOCIAL CONCEPTS**

Geographic tools can be used to understand our region's watershed, for example, with mapping.

### **PROGRESSION OF PLACE**

The appropriate scale includes the neighborhood, the local community, the watershed, and the regional environment.

## **4th Grade**

We want our students to be inspired to understand and have knowledge of their local ecosystems. We want to facilitate opportunities for them to be stewards of their local communities and competent investigating their own questions so that they may practice forming solutions to problems.

### **NATURAL CONCEPTS**

There is interaction and interdependence among living and nonliving components of systems.

### **SOCIAL CONCEPTS**

There is interaction and interdependence among human and natural systems.

### **PROGRESSION OF PLACE**

The appropriate scale includes the neighborhood, the local community, the watershed, and the regional environment.

## **5th Grade**

We want our students to be inspired to understand and have knowledge of their local ecosystems. We want to facilitate opportunities for them to be stewards of their local communities and competent investigating their own questions so that they may practice

forming solutions to problems. How needs are met with renewable and nonrenewable resources; Humans manipulate conditions to make them livable, which is dependent on resources and energy

### **NATURAL CONCEPTS**

Earth and sun provide diverse renewable and nonrenewable resources.

### **SOCIAL CONCEPTS**

People choose to move to new regions for different reasons, and their movement has a variety of benefits and consequences.

### **PROGRESSION OF PLACE**

The appropriate scale is the regional community and environment, placed in a national context.

## **Middle School**

We want our students to be inspired and gain a sense of self in their natural and human communities, including their impacts on others in those systems. We want to facilitate opportunities for them to discuss ideas, take in multiple perspectives, back up personal opinions with evidence, and distinguish between opinion and fact.

### **NATURAL CONCEPTS**

Matter cycles within ecosystems and energy flows through them. These processes happen at both a local and a global scale, and humans can impact these processes.

### **SOCIAL CONCEPTS**

Human and physical systems vary and interact, and human systems at different scales (community, region, nation, etc.) are interconnected.

### **PROGRESSION OF PLACE**

The appropriate scale continues to expand from the schoolyard into a local natural area (greenbelt, stream, field or BCEE partner field trip) and into larger contexts (regional, state, national, global), including multiple encounters with an expanded place over time. Students explore the local community to watershed to regional environment within global community.

## **High School**

We want our students to be inspired to be life-long learners, stewards, and enthusiasts of the natural world. We want to prepare them to make informed decisions that consider the economic, social, and environmental impacts of issues using credible evidence.

### **NATURAL CONCEPTS**

Sustainability involves a complex interaction of social, economic, ecological, and political systems.

### **SOCIAL CONCEPTS**

Individual and collective action can have implications for sustainability at both the local and global scale.

# GUIDELINES

---

## **PROGRESSION OF PLACE**

The appropriate scale continues to expand from the schoolyard into a local natural area (greenbelt, stream, field or BCEE partner field trip) and into larger contexts (regional, state, national, global), with multiple encounters in an expanded place over time.